

**SETH C. GAMRADT
USC SPORTS MEDICINE
SHOULDER EVALUATION**

ROM	R	L
FE		
ABD		
ER SIDE		
IR BACK		
ER ABD		
IR ABD		

HPI:

SHOULDER: L R B

HAND: L R AD__

ROM

DATE OF INJURY _____ (gradual)

MECHANISM OF INJURY _____

IR

SPORTS:

DISLOCATIONS: _____ ER? _____

POP SWELLING INSTABILITY CLICK

LOCATION OF PAIN: _____

MECHANICAL NIGHT OVERHEAD

RADIATING REST THROW?

PRIOR RX: NSAID BRACE ICE PT INJ

PUL

IMPROVED? _____ ME

PREVIOUS SURGERY _____

MISC:

PHYSICAL EXAM:

C-SPINE ROM _____ SPURLING _____

TTP: NECK TRAP AC BICEPS

DELTA SUPRA INFRA ATROPHY: _____

STRENGTH:

DELTA _____ SS _____

ER _____ BELLY _____ LIFT _____

NEER _____ HAWKINS _____

X-BODY _____ OBRIENS _____

WINGING _____

APPREHENSION _____

RELOCATION: _____

L+S: ANT _____ POST _____

SULCUS _____

PULSE _____ NEURO _____

IMAGING:

XX: NORMAL

OTHER _____

MRI: CUFF: _____

LABRUM _____

BICEPS _____

CARTILAGE _____

BONE _____

IMP: _____

PLAN: _____